

Psychotropic Medication Advisory Committee
Open Meeting Minutes
Governor Office Building
200 Madison Street, Jefferson City, MO
February 24, 2020
9:00 AM to 12:00 PM

Committee Members

Present

Judge Sue Crane (Chair)	Kristen Dickerson	Connie Cahalan (Phone)
Dr. Laine Young- Walker (Co-chair)	Carrie Bolm	Nick Mebruer (Phone)
Jennifer Tidball	Jessica Haslag	Al Greimann
Dr. Josh Moore	Marlo Williams	Sarah Willson
Dr. Maya Moody	Dr. Manual Hernandez III (Phone)	A.J.
Julie Allen (Alternate for Dr. Patsy Carter)	Dr. Mark Roaseau (Phone)	A.G.

Additional Psychotropic Medication Advisory Committee (PMAC) Meeting Participants

Stacie Frueh	Children's Division, Health Specialist Coordinator
Mark Gutchen	Department of Social Services, General Counsel
Ellen Haynes	Children's Division, Special Counsel
Melissa Kenny	Children's Division, Health Specialist Unit Manager
Larry Smith	Children's Division, Program Development Specialist

1. Welcome

- Meeting called to order at 9:00 A.M. by Chair.
- Motion to approve the minutes from January 27, 2020. Seconded and approved.

2. Agenda Review

A. Words from PMAC Chair

- Chair mentioned the PMAC Annual Report for 2019 was helpful to identify and provide focus on the Joint Settlement Agreement (Agreement).
- The process for the development of the annual report for 2020 will be implemented to satisfy the terms of the Agreement.

B. Data report on children in foster care and prescribed psychotropic medications

- CFE representative provided committee members with three documents.
- CFE representative reviewed the one page document entitled "Behavioral Pharmacy Management (BPM)" program report.
- The BPM was a summary report from the CMT-Relias database.
- CFE representative provided a brief description of the sections in the BPM to include:
 - Selected Drug Class
 - Multiple Medications
 - Dose



Behavioral
Pharmacy Managem

- CFE representative reviewed a one page document entitled "January 2020 Report" from the "CMT-Relias" database.
- CFE representative provided a brief description of the sections in the "January 2020 Report" to include:
 - Age Group
 - Diagnosis Category
 - Diagnosis Description



January 2020
Report.pdf

- CFE representative reviewed a one page document entitled "January 2020 Medication" from the "CMT-Relias" database.
- CFE representative provided a brief description of the sections in the "January 2020 Medication" document to include:
 - Age Group
 - Medication Category
 - Medication Class



January 2020 -
Medication.pdf

C. Clinical Sub-Committee – update regarding excessive dosage

- Chair for the clinical sub-committee began the conversation with an indication that the clinical sub-committee meeting scheduled for February 11, 2019 was cancelled to provide members time to review additional psychotropic medication data.
- Chair indicated that the clinical sub-committee members are reviewing a spreadsheet provided by the MHD representative.
- Clinical sub-committee member mentioned that there were approximately 752 medications to review.
- MHD representative explained separating and creating an "Excessive Dosage Criteria" guideline for psychotropic medications is a complex task due to several factors such as; age/weight of the child, diagnosis, amount of the active ingredient in the medication, etc.
- Chair indicated that the next clinical sub-committee meeting is scheduled for tomorrow (February 25, 2020) when the committee members will discuss their review of the medications.
- Clinical sub-committee is on schedule to provide the draft to the PMAC members in April.

D. Continued Informed Consent Discussion

During the November 25, 2019 meeting the following topic was discussed:

Informed Consent – Children in Inpatient Hospitalization

Children who are admitted to inpatient hospitalization settings can sometimes demonstrate aggressive behaviors that potentially pose a threat to other patients and staff. There are medications which can be administered to decrease aggressive behaviors. The tension lies with the definition of emergency administration allowed by the settlement (PRN meds); hospital standards governing chemical restraint; and the accessibility of CD and parents to quickly make an informed consent decision.

During the January 27, 2020 meeting the following "Action Item" was identified: Missouri Hospital Association will present their protocol of the suggestions for use of psychotropic medications for specific inpatient hospital situations.

During this meeting the Missouri Hospital Association members provided the following:

- A three page document and a description of each page to include:
 - Medication Informed Consent (Before and After) flowchart
 - Protocol definition
 - Medication Informed Consent with Protocol flowchart



Medication
Informed Consent (†)

- Missouri Hospital Association members indicated that the primary focus of their proposed protocol is to allow children admitted for inpatient care who are in crisis to receive an order to administer psychotropic medications prior to obtaining informed consent.
- The list of five (5) medications for inpatient use proposed to be included in the protocol are to be provided to the PMAC committee psychiatrists for review.
- Co-chair discussed a process in other hospitals that included attempting to obtain consent from parents. The hospital will not administer any medications for twenty-four (24) hours. If parental consent is not obtained within 24 hours hospital staff would order and administer the medications as needed.

4. Open Discussion

- PMAC participant indicated that the Agreement requires tracking of non-pharmacological interventions.
- CFE representative suggested that a "yes/no" option in the database could be added to track non-pharmacological interventions.

5. Action Items

Chair has instructed PMAC members on the following:

1. Chair indicated that the focus of the PMAC meetings will be a review of the requirements listed in the Agreement
2. The topic of tracking the non-pharmacological interventions will be placed on the next PMAC meeting.
3. Missouri Hospital Association will provide a draft protocol that includes psychotropic medications used and a plan to reduce and discontinue use of the medication.
4. Clinical sub-committee members will provide an update on the progress of the "Excessive Dosage Criteria" guideline.

6. Meeting Adjourned

Meeting was moved to adjourn at 11:55 A.M.

Meetings scheduled from 9:00 A.M. – 12:00 P.M. and will be held at Governor Office Building, 200 Madison St., Jefferson City, MO in Room 315 on:

March 23, 2020	April 27, 2020	June 22, 2020
July 27, 2020	August 24, 2020	September 28, 2020
October 26, 2020	November 23, 2020	December 28, 2020
May 25, 2020 – No Meeting State Holiday		