

Alternatives to Abortion

Support when you need it the most.



What is the Alternatives to Abortion (A2A) Program?

The A2A Program offers services to help you carry your unborn child to term instead of having an abortion. A2A helps connect you to resources before and after your child is born. A2A can also provide resources on adoption, if you choose.

What help is available?

A2A can help you with:

- Food, clothing, & supplies
- Housing & utilities
- Transportation
- Child Care
- Education & short-term training
- Resume development & interview skills
- Finding a job
- Domestic abuse protection
- Drug & alcohol treatment
- Establishing legal paternity
- Medical & mental health care
- Adoption

Who is eligible?

You may be eligible for help through the A2A program if you are a pregnant woman and you:

- Choose to carry your child to term instead of having an abortion
- Are making at or below 185% of the **federal poverty level** (based on you or your household's income)

How do I get help?

To find help through A2A you can:

- Visit dss.mo.gov/fsd/a2a
- Call **573-751-7027** or **800-TEL-LINK (800-835-5465)**
- Email DFAS.A2APrograms@dss.mo.gov

Missouri Department of Social Services
is an equal opportunity provider.



dss.mo.gov/fsd/a2a

IM-4 A2A flyer (07/23)

Civil Rights & Discrimination

HHS provides federal financial assistance for many programs to enhance health and well-being, including TANF, Head Start, the Low Income Home Energy Assistance Program (LIHEAP), and others. If you believe that you have been discriminated against because of your race, color, national origin, disability, age, sex (including pregnancy, sexual orientation, and gender identity), or religion in programs or activities that HHS directly operates or to which HHS provides federal financial assistance, you may file a complaint with the Office for Civil Rights (OCR) for yourself or for someone else.

To file a complaint of discrimination for yourself or someone else regarding a program receiving federal financial assistance through HHS, complete the form on line through OCR's Complaint Portal at <https://ocrportal.hhs.gov/ocr/>. You may also contact OCR via mail at: Centralized Case Management Operations, U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F HHH Bldg., Washington, D.C. 20201; fax: (202) 619-3818; or email: OCRmail@hhs.gov. For faster processing, we encourage you to use the OCR online portal to file complaints rather than filing via mail. Persons who need assistance with filing a civil rights complaint can email OCR at OCRmail@hhs.gov or call OCR toll-free at **1-800-368-1019**, TDD 1-800-537-7697. For persons who are deaf, hard of hearing, or have speech difficulties, please dial 7-1-1 to access telecommunications relay services. We also provide alternative formats (such as Braille and large print), auxiliary aids and language assistance services free of charge for filing a complaint.

The Missouri Department of Social Services is and equal opportunity provider.

If the vendor provides any "personal information" as defined in §105.1500, RSMo concerning an entity exempt from federal income tax under Section 501(c) of the Internal Revenue Code of 1986, as amended, the vendor understands and agrees that it is voluntarily choosing to seek a state contract and providing such information for that purpose. The state will treat such personal information in accord with §105.1500, RSMo.