

Connections with Birth Families After Adoption

Please fill in the box next to the best answer. (Fill in only one box per question)

1. All of the following are examples of the benefits of maintaining connections with a child's family after adoption, **EXCEPT**: (Choose one)
 - People who were adopted can have more information to inform their identity and understanding of their history.
 - The child's family members can stay connected to a child they care about.
 - Families who have adopted are able to maintain a stronger connection to the cultural origin of the person who was adopted.
 - People who were adopted can participate in a support group.

2. When should an adoptive parent maintain a connection with the child's birth family after adoption? (Choose one)
 - Whenever the adoptive parent wants to.
 - When the child asks for it.
 - Whenever it is safe and possible.
 - When the child is old enough to appreciate it.

3. If a child's birth parents are not available or responsive to ongoing communication and relationship-building, how can you maintain contact with the birth family? (Choose one)
 - Seek a relationship with the child's grandparents.
 - Seek a relationship with the child's aunts and uncles.
 - Seek a relationship with the child's cousins.
 - All of the above.

4. How much say should a child have in whether to maintain a relationship with their birth family?
(Choose one)
- Children should have full and ultimate responsibility in this decision-making, since it's their birth family.
 - Adoptive parents and the birth family should decide on the relationship until the minor child is an adult.
 - A child's role in decision-making should increase based on the child's age and development stage.
 - This should be jointly worked out between the child and the birth family.
5. Having good self-awareness/self-reflection is useful for adoptive parents in maintaining relationships with the birth family after adoption in all of the following ways, **EXCEPT**: (Choose one)
- Parents are aware of how their past experiences of loss/hurt may negatively impact relationships.
 - Parents will be better equipped to help their child succeed academically and socially.
 - Parents can separate their own feelings from what is good for their child.
 - Parents can identify and move beyond feelings of anger or jealousy they may feel toward the birth family.