

**Psychotropic Medication Advisory Committee
Open Meeting Minutes
Teleconference (Webex)
July 26, 2021
9:00 AM to 12:00 PM**

Due to the impact of COVID-19 this was a teleconference meeting only

Committee Members

Dr. Laine Young-Walker (Co-Chair)	Dr. Nathan Beucke	Jennifer Tidball
Dr. Manuel Hernandez	Dr. Eric Martin	Al Greimann
Dr. Maya Moody	Dr. Mark Roaseau	Sarah Willson
Dr. Patsy Carter	Carrie Bolm	Laverna "Renee" Riley

Additional Psychotropic Medication Advisory Committee (PMAC) Meeting Participants

Christina Barnett	Children's Division, Central Office
Ellen Haynes	Division of Legal Services, Children's Division, Special Counsel
Mark Gutchen	Department of Social Services, Miscellaneous Professional/Legal Counsel
Melissa Kenny	Children's Division, Health Specialist Unit Manager
Jill Pingel	Children's Division, Health Specialist Unit Manager
Makena Mugambi	Paralegal, Children's Rights
Sharie Hahn	Department of Social Services, General Counsel
Julie Wilbers	Children's Division, Lead Administrative Assistant
Jennifer Schulte	Children's Division, Executive Assistant
Larry Smith	Children's Division, Program Specialist

1. Announcement

- PMAC participant from Children's Division, Special Counsel announced that the PMAC Co-Chair will host the meeting starting at 9:30 AM.
- Introduction of new member to Children's Division, Christina Barnett, whose responsibilities will be a combination of the Health Specialist Coordinator and the Operational Excellence Coordinator.

2. Opening Words from the Co-Chair

- PMAC Co-Chair called meeting at 9:33 A.M.
- PMAC Co-Chair asked if there were any guests on the call. There were no acknowledgments that there were any guests on the call.
- PMAC Co-Chair asked for motion to approve the minutes from April 26, 2021. The motion to approve the minutes was made, seconded, vote was held, and the motion was carried.

3. Agenda Review

A. Establish an individual and process to work on the PMAC Annual report each meeting

- PMAC Co-Chair indicated that during the last meeting the PMAC Chair asked if there were any volunteers from the committee to help with writing and preparing the annual report.
- PMAC Co-Chair asked for the due date of the report.
- PMAC Participant from Children's Division, Special Counsel noted that the report has to be submitted to the Director of the Department of Social Services by February 15th.

- PMAC Participant from Children's Division, Special Counsel noted that a PMAC member who is the President/CEO of Missouri Alliance for Children and Families and the Vice President of Regulatory and Clinical Affairs for the Missouri Hospital Association had some excellent edits during last year's review. Also, the indication was that the PMAC Chair was particularly considering whether any members had a different idea about the layout of the report or content and that the work on the report is collaborative.
- PMAC Co-Chair volunteered to work with the members on the annual report and asked the Children's Division, Central Office PMAC participant about Children's Division's role in the development of the report
- PMAC participant Children's Division, Central Office said Children's Division's will certainly play a supportive role in the development of the annual report. The plan is to review what has been done in the past, create an outline and review with PMAC Chair.
- PMAC participant Children's Division, Central Office told the PMAC members that Children's Division will focus on identifying what next steps are needed for planning and writing the report with the assistance of the PMAC. If any members and participants are interested in helping out with this process they can contact the Children's Division, Central Office staff member or PMAC Chair.

B. Update on PMAC clinical subcommittee review i.e., excessive dosage

- PMAC Co-Chair/Clinical Subcommittee Chair asked PMAC participant who is a Children's Division, Health Specialist Unit Manager to share the draft version of the Excessive Dosage Guideline during the Webex.
- PMAC participant who is a Children's Division, Health Information Specialist (HIS) Unit Manager informed the members and participants that the draft shared on the screen was not the final format. The draft required some technical work, but the dosages were there.
- PMAC Co-Chair/Clinical Subcommittee Chair described each medication and dosage change that was in yellow or blue highlight in the "Maximum Dosage" column in the draft below.
- PMAC Co-Chair/Clinical Subcommittee Chair mentioned that when the recommendations for change occurred, the subcommittee would review and approve the changes. Once approved, the clinical subcommittee would present the changes to the PMAC who would put their final stamp of approval on the chart.
- PMAC Co-Chair asked for motion to approve the revised Excessive Dosage Chart. The motion to approve the Excessive Dosage Chart was made, seconded, vote was held, and the motion was carried.

C. Update on PMAC Education and Collaboration Subcommittee.

- PMAC member from the Center for Excellence (CFE) said that the subcommittee was tasked initially to work on the interactive webinars required in the Settlement Agreement (Agreement).
- PMAC member from CFE mentioned that the audience for the interactive webinars is pretty wide. Anyone involved in the child welfare community could participate
- PMAC member from CFE said the presentation would focus on Behavioral Health issues to include looking at a client's trauma through the lifespan and doing case presentations on Child Abuse and Neglect across preschool school aged, and adolescence.
- PMAC member from CFE said that presentation would give case examples about a preschool case of a dysregulated 3 year old, 4 year old and attention and focus of school aged child, and health risk behaviors.
- PMAC mentioned the subcommittee will work to develop the second webinar which is to provide a more specific focus for those within the legal community.

D. Update on emergency psychotropic medications on an outpatient basis.

- PMAC member who is Executive Vice President/CEO of Royal Oaks Hospital at Compass Health said that the current protocol allows for the use of emergency medications, the way that protocol has been interpreted, is that that is limited for inpatient providers and is not allowed to be used in other settings.

- PMAC member who is Executive Vice President/CEO of Royal Oaks Hospital at Compass Health asked the question about whether that could potentially be extended into other settings, which include outpatient settings if there was some kind of a potential way, a process for a stat approval.
- PMAC participant from Children's Division, Special Counsel provided the Agreement reference "Emergencies. Notwithstanding any other provision in this Agreement" and "For a Child in a hospital setting."
- PMAC participant who is a Children's Division HIS Unit Manager mentioned that there is no restriction on the emergency clause that it can only be for inpatient patient setting. This can occur in outpatient if the emergency situation arises.

E. Discussion regarding OTC medications (Benadryl and Melatonin) as psychotropic medications.

- PMAC member who is Executive Vice President/CEO of Royal Oaks Hospital at Compass Health mentioned that these types of medications (Benadryl and Melatonin) are seen as hypnotics; however, based on opinion limiting the use of these medications seems to be beyond the requirements of the Agreement.
- PMAC Co-Chair also provided that sleep medications should not be the first intervention. A clinician should ask about the sleep routine to identify if the if the cause for lack of sleep is caffeine, TV on at night, other behaviors that are occurring that may that may contribute to lack of sleep.
- PMAC participant who is a Children's Division HIS Management mentioned that a new training for resource providers regarding sleep hygiene will be available.

4. Open Discussion

- PMAC member who is Executive Vice President/CEO of Royal Oaks Hospital at Compass Health asked any information or clarification from Children's Division position on COVID-19 vaccination for kids that are above the age of 12.
- PMAC participant from Children's Division, Special Counsel provided a link to the Child Welfare manual and the entire policy section "Emergency Use Authorization (EUA) currently granted for COVID-19" in the manual that describes Children's Division policy/procedures regarding COVID-19 vaccines.
- PMAC member who is Executive Vice President/CEO of Royal Oaks Hospital at Compass Health asked if a representative from Children's Division would send him the a link to the Child Welfare manual.
- PMAC participant who is a Children's Division HIS Management mentioned that policy has been updated to recommended having a conversation with that youth and their parents, and they do have the opportunity to opt out if they do not want to receive that vaccine.
- PMAC participant from Children's Division, Special Counsel and PMAC participant said that someone will send the link to the PMAC after the PMAC meeting has been adjourned

5. Public Comment

- There were no public comments.

6. Action Items

- None

7. Meeting Adjourned

Meeting was moved to adjourn at 11:39 A.M. Due to the COVID-19 pandemic, 2021 meeting(s) will continue to be held virtually. The next PMAC meeting date is October 25, 2021. The proposed PMAC meeting dates are November 22, 2021 and December 27, 2021.