

The Basics of SNAP



**Supplemental
Nutrition
Assistance
Program**



Apply for SNAP

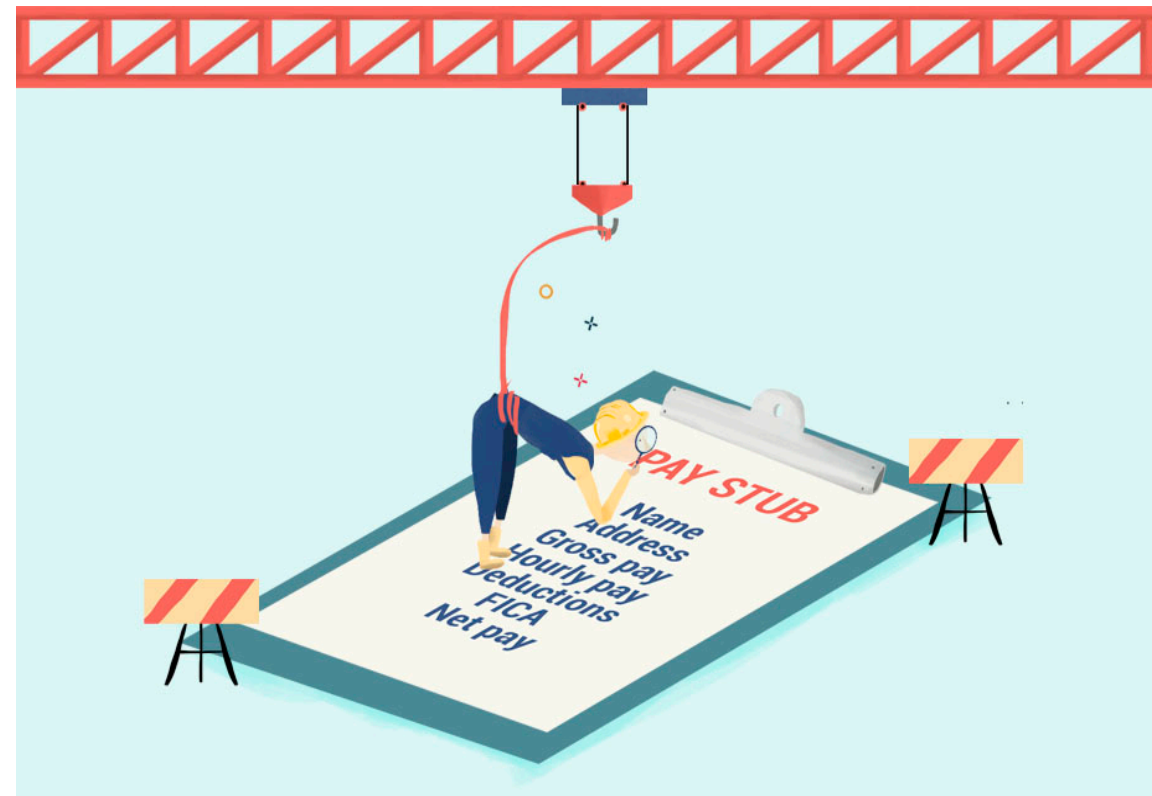
- Steps To Apply:
 1. Complete SNAP application.
 2. Submit SNAP application online, email, mail, or in person.
 3. Phone interview, if required.
 4. Return all requested verification within required time.
- Online: <https://mydss.mo.gov/food-assistance/apply-for-snap>
- Paper: <https://dss.mo.gov/fsd/pdf/snap-application.pdf>
- Office: https://dss.mo.gov/dss_map/

Required Verification When Applying:

- Identity:
 - Driver's license (any state)
 - Military, work, or school ID card
 - Voter registration card
 - Birth certificate
- Residency:
 - Written lease agreement
 - Letter from landlord
 - Rent/mortgage receipt
 - Phone, water, or other utility bill



- Income – any verification showing how much each household member received in payments within the last 30 days.
 - Work Income – pay stub or employer statement that shows gross income, net income, rate of pay, and how often paid.
 - Retirement Income – provide award letter
 - Disability Income
 - Alimony Income
 - Child Support
 - Education Income



Who is eligible?

- Live in Missouri (not receiving SNAP benefits from another state).
- Have (or agree to apply) a Social Security Number for all members of the household.
- Do not make more than the [current income limit](#).
- Do not own more than \$2500 in resources (\$3750 if everyone in household is over the age of 60 or disabled).
- If anyone who was convicted of a felony for a controlled substance or fleeing probation/parole, **may** not be eligible for themselves.

What happens after application is submitted?

- FSD will process the application when received and contact for interview via phone will be made.
- Once interview is completed, FSD will send a request for any required verification that is needed for a decision to be made. Applicant is given ten days to return requested verification.
- If requested verification is returned timely, all information is processed within ten days and an approval/rejection is authorized.
- If verification is not received timely, the application is automatically rejected and application process must begin again.
- A computer-generated letter to applicant will be sent automatically once an approval/rejection is processed.



My SNAP Benefit

What happens when approved?

- FSD will send a letter (FA150) stating the approval, the monthly amount for SNAP benefits that will be transferred to an EBT card, and what day of the month funds will be available.
- The FA150 will also explain the benefits certification period and the obligations to report changes within the period of certification.
 - 6 month mid-certifications and 12 month re-certifications are required during the period of certification.
- If applicant does not have an EBT card, a card will be mailed within a week to their provided mailing address.
- Documentation regarding SkillUP will be mailed soon after approval.

What happens when rejected?

- If rejected, an application can re-apply at any time. The date of application is when the signed application is received by FSD.
- If the SNAP application is rejected, FSD will automatically send a letter (FA150) stating:
 - The reason for rejection.
 - The right to a fair hearing information.
 - Contact information for free legal representation.



Contact Us

- <https://dss.mo.gov/> - apply for SNAP, child care assistance, TANF, MO HealthNet, Child Support, and more!
- <https://dss.mo.gov/offices.htm> - find a local office
- FSD Info Line – 855-FSD-INFO (855-373-4636)
- Text – 855-684-9242
- Send Documents:
 - Email – FSD.Documents@dss.mo.gov
 - Fax – 573-526-9400
 - Mail – PO Box 2700, Jefferson City, MO 65102

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