

## Foster Care - A Means to Support Families

**Please fill in the box next to the best answer. (Fill in only one box per question)**

1. As a foster parent, one reason for maintaining connections and ties with the child's parents and family is: (Choose one)
  - To demonstrate that you have better skills for parenting the child.
  - To help the child feel safer and less anxious about being in your home.
  - To build trust so that you can adopt the child.
  - To explain that you know the child's needs better than they do.
  
2. Ways a parent who is fostering can support the child's relationship with their parent includes all of the following, **EXCEPT**: (Choose one)
  - Transport the child to visits with their parents in a place that is convenient for the child's parents.
  - Invite parents to the child's appointments and school events and inform them about milestones and accomplishments.
  - Help the child's parents financially to the extent that you are able.
  - Ask the parent about the child's likes and dislikes.
  
3. Strategies that help children maintain strong connections with their parents include: (Choose one)
  - Bringing completed schoolwork, artwork, report cards and school pictures to visits so parents can see things that the children have done.
  - Telling children that their parents have too many problems to be a good parent.
  - Limiting contact with parents as a form of punishment.
  - Allowing the child's parent to come live with you.

4. In your co-parenting relationship with the child's parent it is important to do all of the following, **EXCEPT**: (Choose one)
- Find ways to empower the parent.
  - Advocate for them wherever and whenever possible.
  - Acknowledge their role as the parent and expert on their child.
  - Exclude parents from making decisions about their child.
5. Advantages of co-parenting includes all of the following, **EXCEPT**: (Choose one)
- Children can see their parents are okay and still love them — this can help a child relax.
  - Parents who are fostering can form a realistic picture of the parents' strengths and needs.
  - The parents can be reassured that their child is in a nurturing and stable home.
  - It is an opportunity to compete for the child's affection.