



Understanding Informed Consent

For Youth in State Custody

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We must give consent before giving psychotropic medications to our youth.

When a psychotropic medication is prescribed to a youth in state care, the Children's Division must give informed consent before administering it. The child's case worker will need the following information from you:

- Diagnosis
- Nature & purpose of the recommendation
- Dosage recommendation
- If it is intended for off-label use
- Possible side effects & adverse reactions
- If follow-up or monitoring is required
- If an alternative(s) is available
- Prognosis without intervention

NOTE: If no review is required upon receiving documents and the parent(s) and youth (12+) are in agreement, the case worker, case manager, or court-approved alternative consenter can give consent.

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Sometimes a review may be required before we can give informed consent.

Mandatory Reviews are required when:

- The youth is younger than 4 years old
- Prescribing a 3rd+ psychotropic med
- Prescribing a 2nd+ antipsychotic med
- Exceeding dosage guidelines

- A **Secondary Review** is required when the youth (12+), parent(s), case manager, or another care team member has concerns or are not in agreement with the recommendation.

NOTE: If the parent(s) or youth (12+) disagrees with the recommendation after the review process, they may file a grievance within 5 business days. The case worker, case manager, or court-approved alternative consenter can issue consent on the 6th business day.

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If a review is required, we may ask you for more information.

Having the following documents ready helps speed up the review process:

- Prescriber note with recommendation, dosage, & indication for prescribing
- Current medication list, including dosage and frequency (Prescribed, OTC and PRN)
- Any existing admission or discharge paperwork
- Any current diagnoses and/or recent lab work